1. 1 (i) there is an institution called "Manasa" in Mysore, for helpless destitute mentally ill women run by Dr. H.Sudharshan who has been part of the Ramakrishna Mission. We had earlier made some donations towards setting up a cow shed at their campus. I have now contacted them and checking how we can help further. With regard to helping locally in Hong Kong, I am checking to find suitable organization.

In selecting some form of the Remedial Measure, pl note the foll:

While Dr H Sudharshan has been doing admirable work, and any support for the same is commendable, this, in my opinion will not count as Remedial Measures for Jyotish. Why so?

Because, this is something you do, and it fades from your consciousness(because of invisibility and remoteness).

'Human thought is like a pencil of Laser Light-especially when the same is emotionally surcharged, and the ingredients of sincerity and intention(Samkalpa) are added to it.'

The whole idea of the daily propitiatory charities is that, it is fresh and tingling in consciousness, so will carry enormous power to materialize.

The whole philosophy of the Remedial Measures is to materialize certain perceptions in consciousness, when the same perceptions are empowered through Intention, Devotion to the Divine, Sincerity, etc. The offerings are a means to achieve the same.

So, the individual must have a way of 'keeping alive' in his consciousness, and 'projecting them into ritualistic action' for their materialization, so that the old karmic pattern may be superseded. As you can well imagine, this will not be possible for all(the bad karma must allow for this fresh creation of a new karmic pattern, very consciously and deliberately'). Those who have strong Planets will most probably succeed, despite the setbacks and misfortunes the afflictions would have given them.

So, adopt such forms of Remedial Measures, so that, they remain 'alive' in your consciousness, and watch and emotionally participate in the Abhishekas and Poojas, so that your consciousness receives the imprint, and you feel what you are doing. This will be the most effective method.

1 (ii) as per my notes, you had mentioned listening to Lalita Sahasranama. Shall I include this part of Mother Kali worship every Friday?

Yes, this will be more potent, because you are directly hearing the powerful chanting, and will emotionally participate, and it goes without saying that, when you have taken the pains to grasp the meanings of the slokas, after you have studied the same, and also take pleasure in hearing, then the power is enormous, it will act like a sheet of armor for you.